

# National Walking and Cycling Participation Survey 2023

Western Australia





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## 1 Introduction

## 1.1 Background

The National Walking and Cycling Participation Survey (NWCPS) provides insight into walking and cycling activity across Australia. The survey provides data on walking and cycling participation at a national and state or territory level and within each state or territory divided between capital city and regional (non-capital city) areas. The survey replaces the National Cycling Participation Survey, a predecessor cycling-specific survey that was undertaken nationally biennially since 2011.

## 1.2 Sampling frame

The survey is administered as a telephone survey of residents of the study area using both landline and mobile telephone numbers. The sample consisted of a commercial database of landline and mobile telephone numbers with locality information. Numbers were drawn randomly and were dialled at least two times at different times of day and days of week before exhaustion. Where no contact was made to mobile numbers after the first call a text message was sent describing the purpose of the call and encouraging the respondent to call or text the fieldwork office to arrange a suitable time for the interview. Messages were left on answering machines inviting respondents to call back at a convenient time. Non-residential numbers were screened out from the interview.

Individuals of all ages who had been resident in the household for at least the past 90 days were considered in scope for the survey. The main respondent, in accordance with market research guidelines, had to be aged 15 or older.

In each state the sample was divided between residents located in the capital city metropolitan area as defined by the Australian Bureau of Statistics (ABS) as the Greater Capital City Statistical Area (GCCSA) and the remainder. Interviewer hours were allocated to each the GCCSA and non-GCCSA areas in proportion to the estimated resident population in each of the two areas in each state.

## 1.3 Survey method

Given that walking and cycling activity are likely to be affected by seasonal variability and weather the survey fieldwork was conducted between March and May 2023, with interviews spread out over a period of several weeks to minimise the effect of local, short periods of unseasonal weather.

The main respondent, aged 15 or older, was asked to respond on behalf of all household members. In this way more complete coverage of the population was obtained, including of children, in a cost-effective manner. However, this did require respondents to have a reasonable understanding of the travel patterns of other household members and is likely to come at the expense of some accuracy.

## 1.4 Survey design

Respondents to the survey are asked how recently they have walked or ridden a bicycle, the purposes for doing so and their perceptions towards these activities for both transport and recreation. The survey asked respondents to recollect when they last walked for at least ten minutes outside their home, excluding gardening, and when they last rode a bicycle (including e-bicycles, but excluding stationary exercise bicycles) in any location. Those respondents who had done so in the past week were asked to recall on how many days and for how long they had walked or ridden. The retrospective approach, while cost effective, may not precisely measure the activity duration in particular. Moreover, to avoid recollection and definitional issues respondents were not asked how many trips they had undertaken by walking or riding.

## 1.5 Weighting

The person-level data are weighted at the gender and age level (2-9, 10-24, 25-49, 50+) to the ABS Census of Population and Housing 2021 population for capital city and regional areas. The household-level data are weighted to ABS census 2021 household size (1, 2, 3, 4, 5, 6+ usual residents). The number of persons walking and cycling is estimated by expanding the 2021 weights to estimated resident population for 30 April 2023 provided by the ABS.

## 1.6 Statistical significance

All estimates presented in this report are subject to sampling variability as only a proportion of residents were interviewed. The approach adopted to represent this variability is to either (a) show the 95% confidence intervals on graphs, or (b) identify estimates where the relative standard error (RSE) exceeds 25% (denoted by a \*) and exceeds 50% (denoted by \*\*). Larger RSEs imply lower accuracy. As such, estimates denoted with a \* should be treated with caution and those denoted with \*\* should be considered unreliable.

The 95% confidence interval represents the range within which we would expect the true population estimate to reside 95% of the time should the survey be repeated numerous times. Significant differences between parameters are present where the point estimate falls outside the confidence interval of a comparison parameter.

## 1.7 Survey sample

The sample consisted of 434 households containing 1,148 individuals. Of this sample 365 households were in Perth and 69 were in regional areas.

Summary call statistics are provided in Table 1.1. The overall response rate (i.e. completions as a proportion of all in-scope numbers called) was 12.8% and the consent rate (i.e. completions as a proportion of all respondents asked to complete the survey) was 56.8%. Interviews where the main respondent refused to provide their gender, age or number of residents in their household were removed from the sample used in the analysis.

■ Table 1.1: Call statistics¹

Category	Calla
	Calls
Surveys	
Completed interviews (pre-cleaning)	454
In scope	
Refusal	345
Communication difficulties	152
Terminated early	19
Surplus call backs	549
No contact	2,041
Out of scope	
Non-qualifying <sup>1</sup>	22
Consent rate	56.8%
Response rate	12.8%

 $<sup>^{\</sup>rm 1}$  Usually wrong area, government or business number.

<sup>&</sup>lt;sup>1</sup> These statistics apply prior to post-processing, whereafter a small number of records were removed from the final dataset.

## 1.8 Definitions

In this report *walking* is defined as travel by foot or using a mobility aid (e.g. wheelchair or mobility scooter) for at least ten minutes duration outside the home. Physical activities such as gardening are excluded but walking to public transport (if over ten minutes) or within a shopping centre or supermarket (if over ten minutes) is included.

*Bicycle riding* is defined as riding a bicycle for any purpose, of any duration in any location outside; this may include entirely on private property such as in a backyard. The definition of a bicycle includes any device with two or more wheels that can be pedalled, including children's bicycles, tricycles and electrically assisted bicycles (e-bicycles). Stationary exercise bicycles and motorised devices that require a licence such as mopeds and motorcycles are excluded.

## 2 Walking

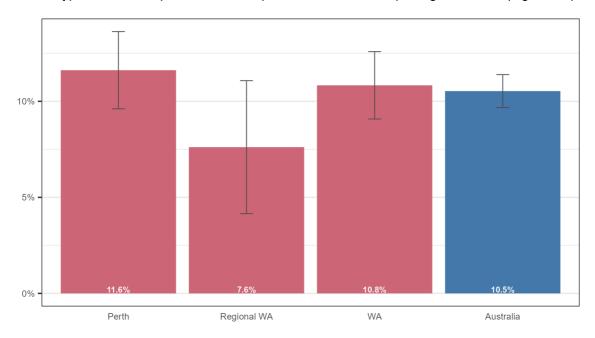
## 2.1 Participation

Walking was defined as:

- travel by foot or using a mobility aid such as a wheelchair or mobility scooter that occurred outside the home, and
- a duration of at least ten minutes.

By this definition walking within the home (including on a treadmill), or very short distances such as from the home to a parked car, are excluded. Physical activities such as gardening were also excluded on the basis that they are unlikely to include ten minutes of continuous walking. It was assumed that children under two years of age had not walked for ten minutes, and that lying or sitting in a bassinet or stroller does not constitute walking. Most other forms of walking are included – such as walking for recreation, walking to shops, public transport, or a workplace, walking to escort others (such as an adult escorting a schoolchild, or pushing a pram) or driving to a shopping centre and then walking within that shopping centre for at least ten minutes.

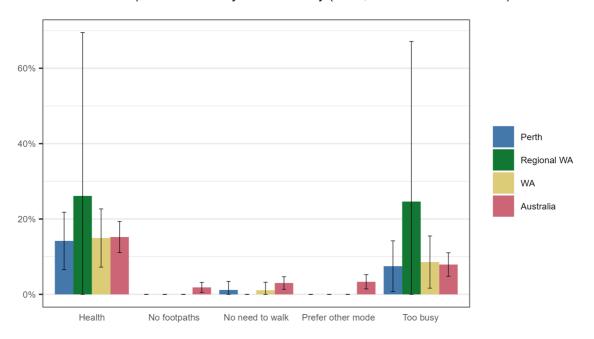
The majority of the population walk or use a mobility aid at least once in a typical week for ten minutes or more outside their home; in Perth it is estimated that only 11.6% (95% CI: 9.6% - 13.6%) do not walk in a typical week compared with 7.6% (95% CI: 4.1% - 11.1%) in regional areas (Figure 2.1).



Error bars are 95% confidence intervals Sample: All persons

■ Figure 2.1: Proportion of residents who have not walked in the past week

Of the few individuals who did not walk in the past week, most did not walk for health reasons (15.0%, 95% CI: 7.2% - 22.7%) or because they were too busy (9.0%, 95% CI: 2.5% - 15.5 %).

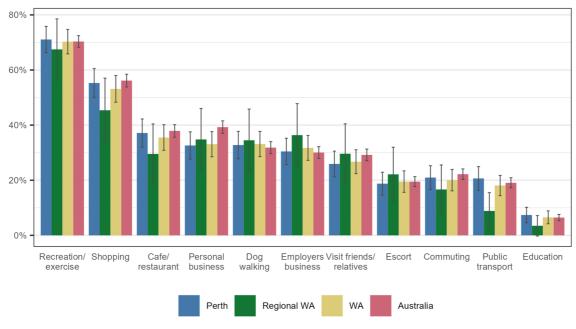


Error bars are 95% confidence intervals Sample: respondents aged 15+ who have not walked for at least 5 minutes in the past 7 days

#### ■ Figure 2.2: Reasons for not walking

## 2.2 Purpose

Among those who walk in a typical week 70.3% (95% CI: 65.9% - 74.7%) do so for recreation or exercise, followed by shopping (53.2%, 95% CI: 48.3% - 58.0%) and travel to a café or restaurant (35.5%, 95% CI: 30.9% - 40.1%) (Figure 2.3).

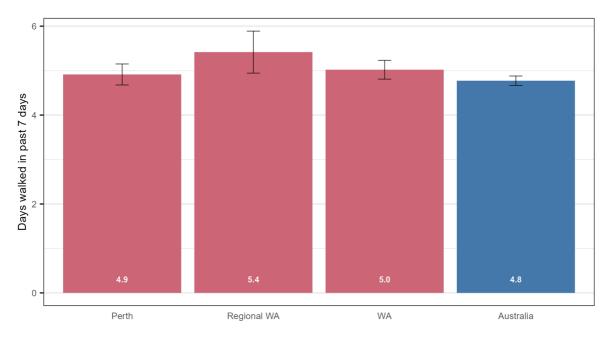


Error bars are 95% confidence intervals Sample: persons aged 15+ who have walked for at least 5 minutes in the past 7 days

## ■ Figure 2.3: Walking purposes over past month

## 2.3 Frequency and duration

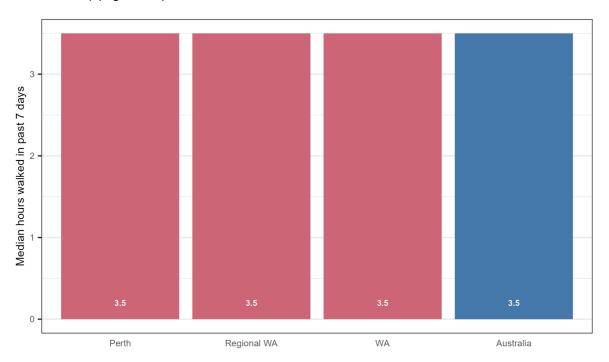
The average number of days on which respondents aged 15 and over walked in Western Australia was 5.0 days (95% CI: 4.8 - 5.2) over the previous 7 days.



Error bars are 95% confidence intervals Sample: persons aged 15+

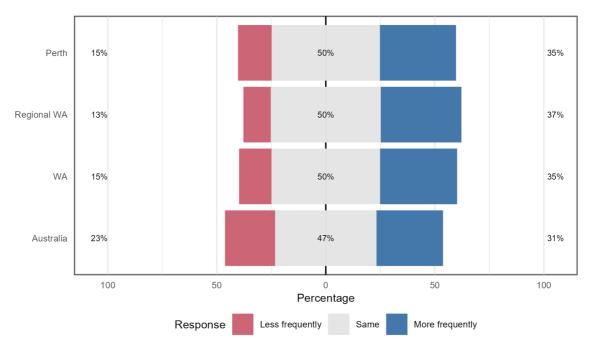
## ■ Figure 2.4: Days walked in past 7 days

Among those aged 15 and over, the median hours walked in the previous 7 days was 3.5 hours (95% CI: 3.5 - 4.0) (Figure 2.5).



■ Figure 2.5: Hours walked in past 7 days

Among those aged 15 and over who had walked in the past week a larger proportion of residents (35.3%, 95% CI: 29.2% – 41.5%) of Western Australia had walked more often than less often (14.9%, 95% CI: 11.4% - 18.3%) compared to a year ago (Figure 2.6).



Sample: Persons aged 15+ who had walked in the past 7 days

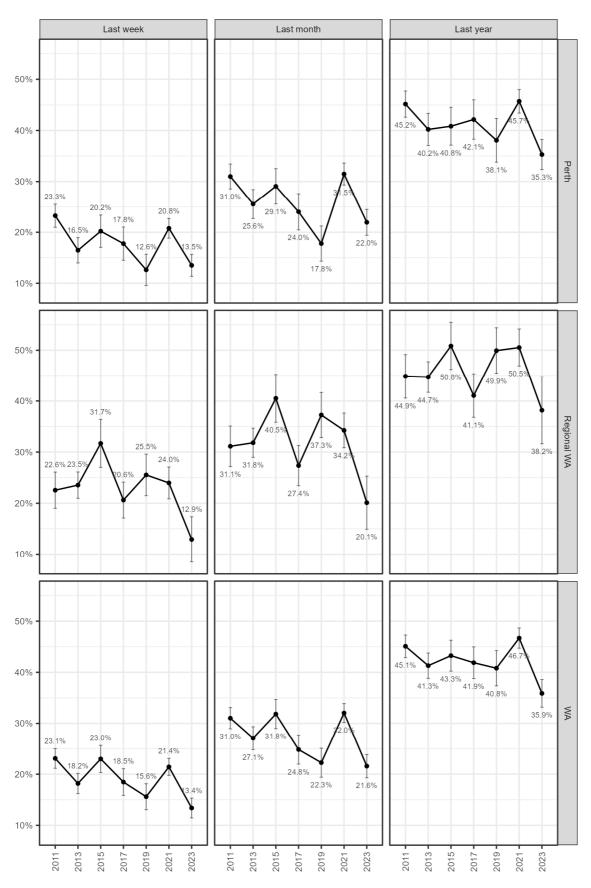
■ Figure 2.6: Change in walking frequency compared to a year ago

# 3 Cycling

## 3.1 Participation

Cycling participation was defined as riding a bicycle for any purpose in any location outside (including a backyard or on a farm) and for any duration. The definition of a bicycle included any device with two or more wheels that can be pedalled. This includes children's bicycles with training wheels, pedal tricycles and quadricycles, cargo bicycles and electrically assisted bicycles (e-bicycles). It excludes devices such as children's tricycles or kick or balance bicycles that lack pedals, scooters, stationary exercise bicycles (or riding indoors using a conventional bicycle on a trainer or rollers) and motorised devices that require a licence such as mopeds or motorcycles. Where a bicycle could accommodate one or more passengers, such as children's seats and trailers, the passenger was not considered to be riding unless they could actively contribute to the propulsion. By this definition, for a tandem bicycle both individuals were defined as having ridden but where an adult was riding with a child in a trailer only the adult was considered to be riding.

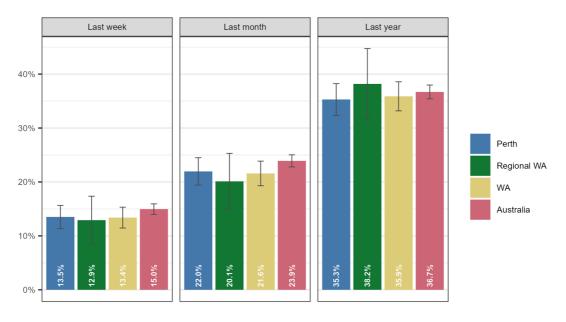
The survey suggests that 13.4% (95% CI: 11.5 % - 15.3%) of Western Australian residents ride a bicycle in a typical week. More than one third (35.9%, 95% CI: 33.2% - 38.6%) had done so in the past year (Figure 3.1). These participation rates translate to approximately 373,300 (95% CI: 319,400 - 427,100) residents riding in a typical week and 1,000,300 (95% CI: 925,100 - 1,075,500) residents riding at least once in a typical year.



Error bars are 95% confidence intervals Sample: All persons

## ■ Figure 3.1: Cycling participation rate

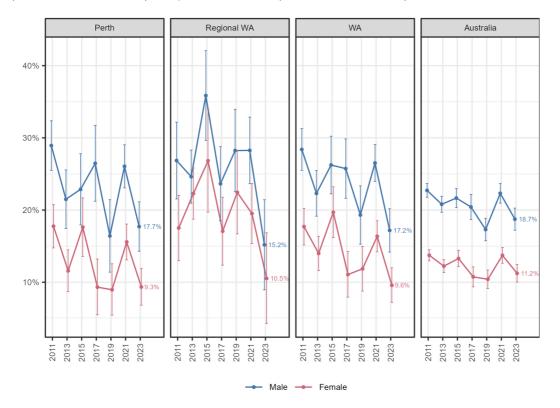
The cycling participation rate by residents of Western Australia is consistent with the national average (Figure 3.2).



Error bars are 95% confidence intervals Sample: All persons

## ■ Figure 3.2: Cycling participation rate by region

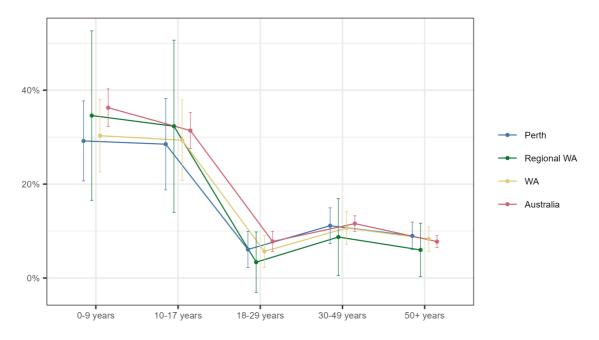
Males are significantly more likely to have ridden in the past week than females (Figure 3.3). The cycling participation rate over the past week among male residents of Western Australia is 17.2% (95% CI: 14.2 - 20.2%) compared with 9.6% (95% CI: 7.2 - 12.0%) for females.



Error bars are 95% confidence intervals Sample: All persons, cycling participation in past week

## ■ Figure 3.3: Cycling participation by gender

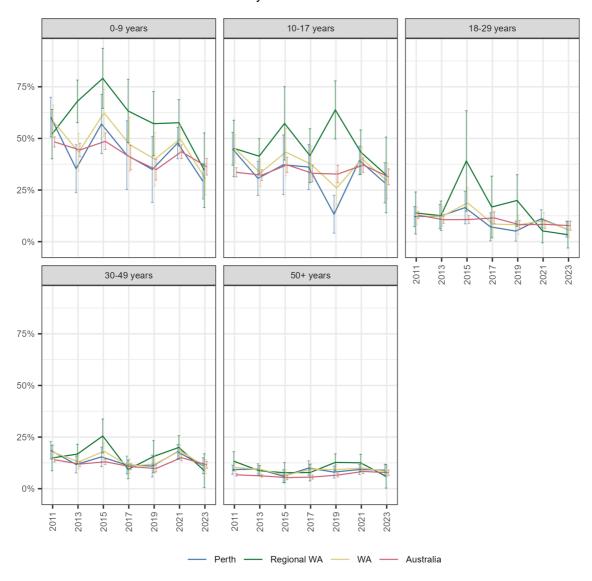
The highest cycling participation rate (measured as those who had ridden in the past week) was among children aged under 10 (Figure 3.4). The cycling participation rate deteriorates marginally among teenagers before dropping precipitously among young adults.



Error bars are 95% confidence intervals Cycling participation in the past week

## ■ Figure 3.4: Cycling participation by age

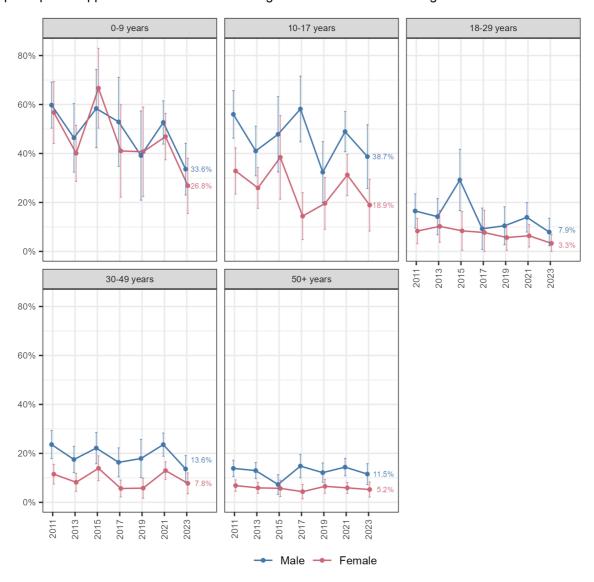
The trend in participation rate by age group since 2011 is shown in Figure 3.5. While there is significant uncertainty in many of these estimates it appears the participation rate among children may have decreased somewhat since the survey was first undertaken in 2011.



Error bars are 95% confidence intervals Cycling participation in the past week

■ Figure 3.5: Cycling participation by age and year

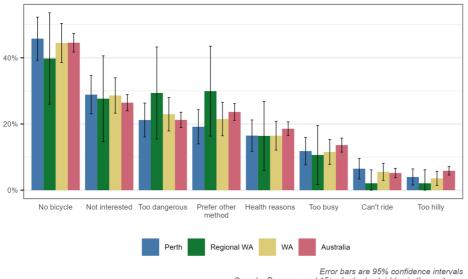
The participation rate by gender and age group since 2011 is shown in Figure 3.6. Cycling participation appears to have declined among both males and females aged under 10.



Error bars are 95% confidence intervals Sample: All persons, cycling participation in past week

■ Figure 3.6: Cycling participation by age and gender

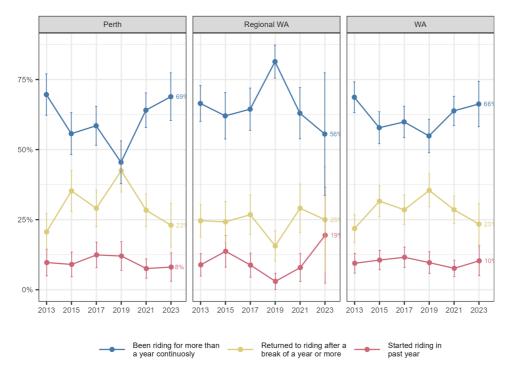
Those who had not ridden a bicycle in the past year, and who were aged 15 or older, were asked why they had not done so. The most commonly cited reason was that they did not have a bicycle (44.5%, 95% CI: 38.6 - 50.4%) followed by that they were not interested, it was too dangerous or they preferred other methods of getting around (Figure 3.7).



Sample: Persons aged 15+ who had not ridden in the past year

#### ■ Figure 3.7: Reasons for not riding a bicycle in the past year

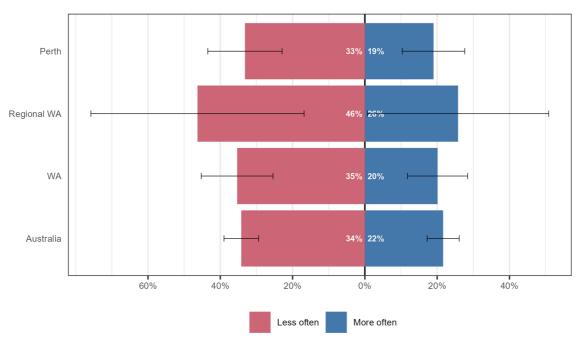
Those who indicated that they had ridden at least once over the past year were asked whether they had been cycling for a long period consistently, had recently started riding again or were altogether new to riding. This sample corresponds only to those aged 15 and over, which will contribute to the low proportion of those new to cycling. Around two thirds of respondents have been riding continuous for more than a year, with most of the remainder having returned to cycling after a break (Figure 3.8).



Error bars are 95% confidence intervals Sample: Persons aged 15+ who had rode in the past year

#### ■ Figure 3.8: Cycling history

Among those who had ridden in the past year and were aged 15 or over who had indicated they had been riding continuously for more than a year, more (35.3%, 95% CI: 25.4 - 45.3%) indicated they were riding less often than more often (20.1%, 95% CI: 11.8 - 28.4%) (Figure 3.9).

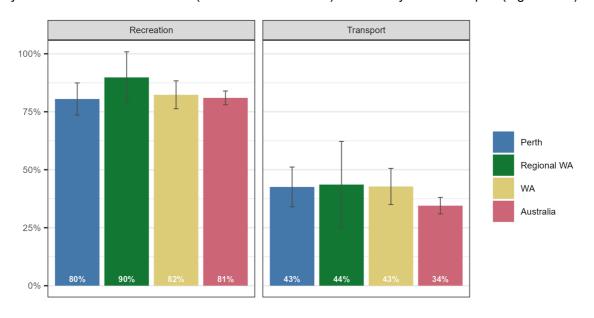


Error bars are 95% confidence intervals

### ■ Figure 3.9: Cycling frequency

## 3.2 Purpose

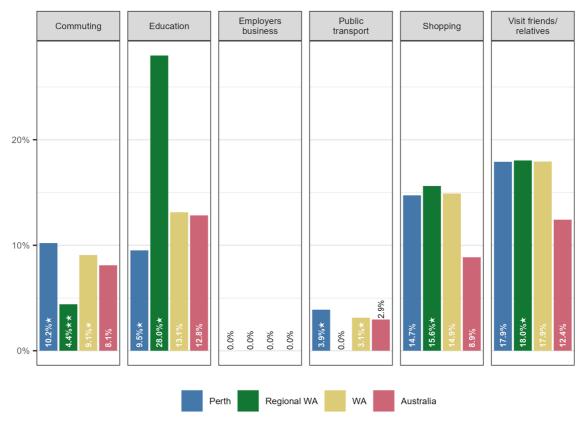
Of the people who cycled in Western Australia in the last month, 82.3% (95% CI: 76.3 – 88.3%) cycled for recreation and 42.8% (95% CI: 35.0 – 50.6%) used a bicycle for transport (Figure 3.10).



Error bars are 95% confidence intervals
Sample: All persons who had ridden in the past month
★ Estimate should be treated with caution
★★ Estimate should be considered unreliable

■ Figure 3.10: Cycling for recreation in comparison to cycling for transport

The main transport purposes for riding were commuting, education and shopping (Figure 3.11). Very few had ridden to access public transport.



Sample: All persons who had ridden in the past month.

★ Estimate should be treated with caution

★★ Estimate should be considered unreliable

### **■** Figure 3.11: Purpose of cycling for transport

## 3.3 Perceptions towards cycling

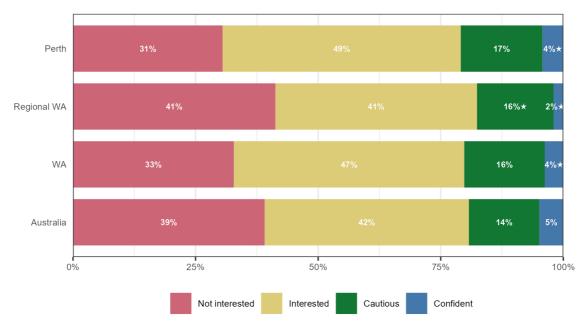
Respondents aged 15 or older who had ridden in the past year were asked about their riding style, including which of the following statements best describes the way they ride their bicycle in the presence of traffic:

- 1. I prefer paths or quiet streets and am willing to take a longer way to avoid busy roads
- 2. I prefer to use the most direct and convenient way regardless of traffic
- 3. I would never ride my bike on a road

Those who indicated they prefer direct routes were classified as *confident*, those that prefer paths or quiet streets as *cautious* and those that would never ride on-road as *interested*. Those that had not ridden in the past year were asked why that was the case; if they indicated they cannot ride for health reasons, do not know how to ride or are not interested in riding they were classified as *not interested*. Those that did not provide any of these three reasons for not riding were then asked whether they (a) are not a bike rider but would like to be, or (b) do not want to be a bike rider. Those who indicated they would like to ride were classified as *interested* while those who do not want to ride were classified as *not interested*.

The results of this segmentation both nationally and at the jurisdictional level is shown in Figure 3.12. Across Western Australia it is estimated that 32.8% of the population (95% CI: 27.9 - 37.8%) aged 15

or older either cannot ride or are not interested in riding. A further 47.0% (95% CI: 41.7-52.3%) are interested; that is, they either do not currently ride but would like to or do ride but only off-road. Around 16.4% (95% CI: 12.5-20.4%) ride at least occasionally but will take a longer route to avoid highly trafficked streets. The remaining 3.8% (95% CI: 1.8-5.8%) are confident riders who will take the shortest route to their destination even if it is a busy street.

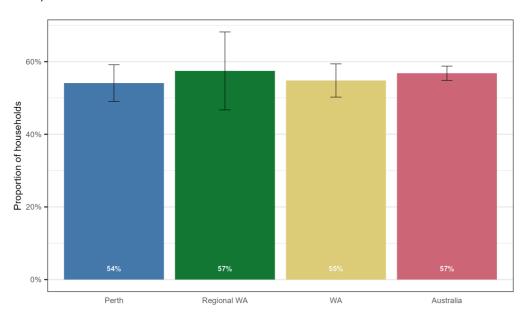


Sample: persons aged 15+
★ Estimate should be treated with caution
★★ Estimate should be considered unreliable

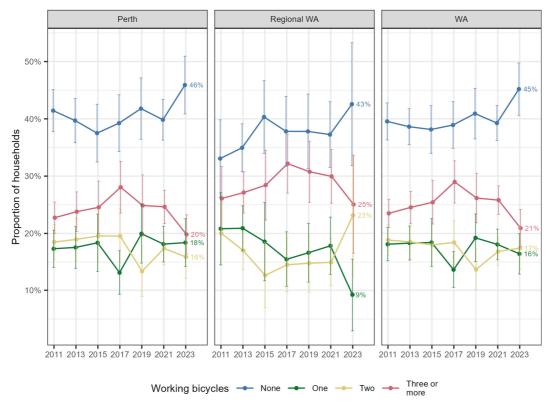
■ Figure 3.12: Willingness to consider bicycle riding

## 3.4 Bicycle ownership

Around 54.8% (95% CI: 50.2 - 59.4%) of households in Western Australia have at least one working bicycle in their household (Figure 3.13). This definition of bicycles <u>includes</u> electrically assisted bicycles. The proportion of households without a working bicycle may have increased in 2023 (Figure 3.14).



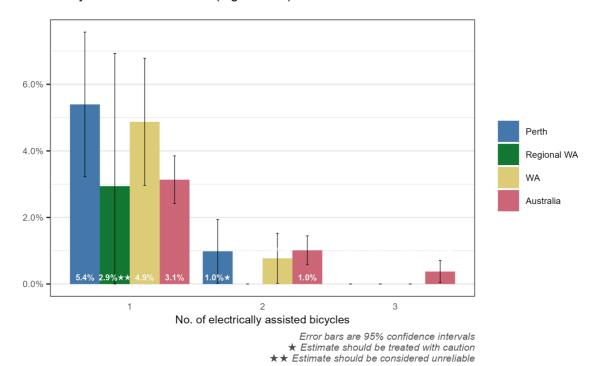
## ■ Figure 3.13: Households with at least one working bicycle



Error bars are 95% confidence interval

■ Figure 3.14: Bicycle ownership by year

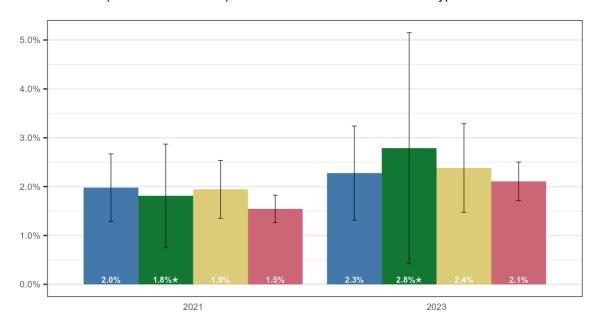
Around 5.6% (95% CI: 3.6 - 7.7%) of households in Western Australia have at least one electrically assisted bicycle in their household (Figure 3.15).



■ Figure 3.15: Electrically-assisted bicycle ownership

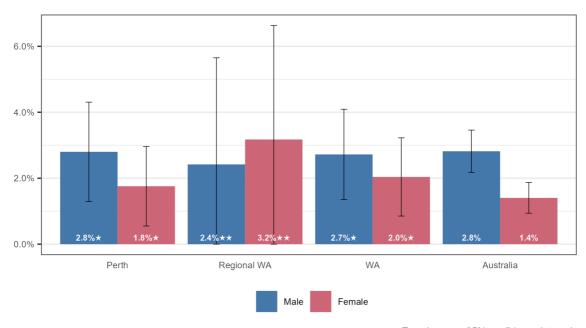
## 4 Rideables

It is estimated that 2.4% (95% CI: 1.5-3.3%) of the Western Australian population ride an electrically assisted rideable such as an e-scooter or e-skateboard<sup>2</sup> in a typical week (Figure 4.1). Males appear to be more likely to use rideables than females (Figure 4.2); around 2.7% (95% CI: 1.4-4.1%) of males and 2.0% (95% CI: 0.9-3.2%) of females ride these devices in a typical week.



Error bars are 95% confidence intervals
★ Estimate should be treated with caution
★★ Estimate should be considered unreliable

■ Figure 4.1: Population proportions that rode an electrically powered rideable in the past week



Error bars are 95% confidence intervals

★ Estimate should be treated with caution

★★ Estimate should be considered unreliable

Figure 4.2: Population proportions that rode an electrically powered rideable in the past week by gender

<sup>2</sup> This definition excludes electrically assisted bicycles, which were instead classified as bicycles.

# Appendix A: Data Tables

The following table summarises the survey results. Estimates are provided for each parameter, as well as the 95% confidence interval and a confidence rating. This confidence rating provides an indication of the sampling variability relative to the size of the estimate using relative standard errors. The lower the relative standard error the lower the sampling variability is relative to the size of the estimate. Estimates with three stars indicate a relative standard error of less than 25% such that the estimate can be treated with a high degree of confidence. A relative standard error of between 25% and 50% is denoted by two stars and above 50% by one star. A confidence rating of two stars indicates a moderate level of confidence, such that the estimate should be treated with caution. One star represents a situation where there is very low confidence in the estimate, and it is unlikely to be reliable.

Table A.1: Walking participation statistics

Statistic	Estimate	95% confidence interval	Confidence rating
Participation in past week	89.2%	87.4%-90.9%	***
Purpose in past month			
Recreation/exercise	70.3%	65.9%-74.7%	***
Shopping	53.2%	48.3%-58.0%	***
Cafe/restaurant	35.5%	30.9%-40.1%	***
Visit friends and relatives	26.7%	22.4%-31.1%	***
Employers' business	31.7%	27.2%-36.2%	***
Dog walking	33.1%	28.5%-37.7%	***
Commuting	20.0%	16.1%-23.9%	***
Public transport	18.1%	14.4%-21.8%	***
Escort	19.5%	15.6%-23.4%	***
Travel			
Caution: walking travel estimates are biased by high level of caution.	self-reporting c	and recall limitations and shou	uld be treated with a
Average number of days walked in the past week	5.0	4.8-5.2	***
Median hours walked in the past week	3.5	3.5-4.0	***
Change in walking frequency			
More frequent	35.3%	29.2%-41.5%	
As frequent	49.8%	43.4%-56.2%	
Less frequent	14.9%	11.4%-18.3%	

**Table A.2: Cycling participation statistics** 

Cycling participation	Estimate	95% confidence interval	Confidence rating
% who rode last week	13.4%	11.5%-15.3%	***
% who rode last month	21.6%	19.3%-23.9%	***
% who rode in past year	35.9%	33.2%-38.6%	***
No. who rode last week	373,300	319,400-427,100	***
No. who rode last month	601,600	537,900-665,300	***
No. who rode in past year	1,000,300	925,100-1,075,500	***
Participation by demography			
Gender			
% of males who rode last week	17.2%	14.2%-20.2%	***
% of females who rode last week	9.6%	7.2%-12.0%	***
Age			
% of 0-9 years who rode last week	30.3%	22.6%-38.0%	***
% of 10-17 years who rode last week	29.3%	20.8%-37.9%	***
% of 18-29 years who rode last week	5.7%	2.3%-9.1%	**
% of 30-49 years who rode last week	10.7%	7.2%-14.1%	***
% of 50+ years who rode last week	8.3%	5.7%-10.9%	***
Gender by age			
Male: 0-9 years	33.6%	23.0%-44.1%	***
Male: 10-17 years	38.7%	25.7%-51.7%	***
Male: 18-29 years	7.9%	2.3%-13.5%	**
Male: 30-49 years	13.6%	8.2%-19.1%	***
Male: 50+ years	11.5%	7.3%-15.8%	***
Female: 0-9 years	26.8%	15.5%-38.1%	***
Female: 10-17 years	18.9%	8.3%-29.5%	**
Female: 18-29 years	3.3%	0.0%-7.0%	*
Female: 30-49 years	7.8%	3.5%-12.0%	**
Female: 50+ years	5.2%	2.2%-8.3%	**

Table A.2 (cont.): Cycling participation statistics

Participation by purpose	Estimate	95% confidence interval	Confidence rating
Summary			
% of those who rode in past month for recreation/exercise	82.3%	76.3%-88.3%	***
% of those who rode in past month for transport	42.8%	35.0%-50.6%	***
Detail			
% of those who rode in past month for commuting	9.1%	4.6%-13.6%	**
% of those who rode in past month for education	13.1%	7.8%-18.5%	***
% of those who rode in past month for shopping	14.9%	9.3%-20.5%	***
% of those who rode in past month to train/tram/bus	3.1%	0.4%-5.8%	**
% of those who rode in past month to visit friends/relatives	17.9%	11.8%-24.0%	***
Cycling travel			
Caution: cycling travel estimates are biased by se treated with a high level of caution.	lf-reporting a	nd recall limitations a	nd should be
Average number of days ridden by those that had ridden in past week	3.3	3.0-3.6	***
Average time ridden (mins) in past week by those that that had ridden	189	110-268	***
Household characteristics			
Working bicycles (incl. electrically assisted)			
% of households without a working bicycle	45.2%	40.6%-49.8%	***
% of households with one working bicycle	16.4%	12.9%-20.0%	***
% of households with two working bicycles	17.4%	13.7%-21.1%	***
% of households with three or more working bicycles	20.9%	17.7%-24.2%	***

# Appendix B: Survey Script

## INTRODUCTION

My name is (...) calling on behalf of [insert relevant state roads authority or Council] from the Local Government Research Group. We are conducting a study to help the Government understand where to invest in transport infrastructure in your local area. The survey takes 10 minutes depending on how much you have to say... we abide by the Privacy Act and this call may be monitored for training and quality control purposes.

#### RESPONDENTS MUST BE AGED 15 YEARS OR OVER. DO NOT MENTION CYCLING IN INTRO.

Your responses will be held strictly confidential. My supervisor may listen to parts of this interview to assist in quality control monitoring.

1
2
3
4
5
6
7
8
9
10
11
12
13

#### CONFIRM LOCATION (LGA, REGION)

Q.1. We are interested in speaking to people who live in [READ IN POSTCODE]. Can you confirm this is your postcode?

Yes 1
No (SPECIFY POSTCODE) 2

Q.2. Ask only Council samples – otherwise go to next question

And can you confirm that your council area is (READ IN COUNCIL AREA)?

INSERT COUNCIL AREA ......

CHECK QUOTAS AND CONTINUE OR TERMINATE AS REQUIRED

#### SECTION 1: MAIN RESPONDENT'S TRAVEL

Q.3. In the last 7 days, have you used any of the following? (READ OUT) (ACCEPT MULTIPLES)

Car as a driver	1
Car as a passenger	2
Motorcycle or moped	3
Public transport	4
Wheelchair or mobility scooter	5
Bicycle, even just riding in your backyard	6
None of the above	7

INTERVIEWER NOTE: DEFINITIONS OF BICYCLES INCLUSIONS:

- ADULT AND CHILDREN'S BICYCLES WITH TWO OR MORE WHEELS
- CHILDRENS BICYCLES WITH TRAINING WHEELS

#### **EXCLUSIONS:**

- ANY REGISTERED VEHICLES (E.G. MOPEDS)
- CHILDREN RIDING TOYS SUCH AS TRICYCLES AND SCOOTERS
- CHILDREN WHO ARE IN A SEAT OR TRAILER ON A BICYCLE
- RIDING ON A STATIONARY EXERCISE BICYCLE

Q.4. In the last 7 days have you ridden on an electrically assisted rideable such as a e-scooter or e-skateboard, excluding an e-bike?

Yes 1 No 2

#### **WALKING**

Now we would like to ask you about walking/mobility aids/wheelchair travel.

Q.5. In the last 7 days have you walked/used your wheelchair or mobility scooter for ten minutes or more, somewhere outside of your home? NOTE: This includes walking for exercise or to reach a destination like the shops, school, workplace, to or from public transport or even a car park to a destination. INCLUDE: walking the dog, walk for work if not on home property, walking using walking aids like walking frames and sticks or wheelchairs or mobility scooters, or walking for ten minutes or more in a shopping centre. EXCLUDE: gardening, treadmill at home or gym

Yes 1 No 2

Q.6. IF DID NOT WALK IN LAST 7 DAYS Are there any reasons you did not walk / use your wheelchair or mobility scooter at least once for ten minutes or more in the last 7 days?

Health reasons 1
Too busy 2
Prefer other methods of getting around 3

Had no need	4					
Some other reason (please spe	cify) 5					
No reason	6					
Q.7. IF DID NOT WALK IN L scooter for at least ten minutes?		n did you last walk/use your wheelchair or mobi	ility			
In the last 2 weeks	1					
In the last 3 weeks	2					
In the last 4 weeks	3					
More than a month ago	4					
More than a year ago	5					
Never	6					
Q.8. IF WALKED IN LAST 7 wheelchair or mobility scooter for Days		days on how many days did you walk/use your tes?	Γ			
Q.9. IF WALKED IN LAST 7 walking/using your wheelchair o	•	r best estimate of the total time you have spent over the past 7 days?	:			
Q.10. IF WALKED IN LAST 4 scooter for at least ten minutes	•	e past 4 weeks have you walked/used your mot ving purpose?	oility			
Recreation or exercise		1				
Walking the dog		2				
To or from work		3				
To or from school, university or	study	4				
To or from shopping		5				
To visit a café or restaurant		6				
To get to public transport		7				
As part of your work, such as de	elivering good or at	tending a meeting 8				
Escorting someone like walking	a child to school	9				
To visit family or friends		10				
Some other reason (please spe	cify)	11				
Q.11. IF WALKED IN PAST Y scooter more frequently, as freq	-	ou say that you walk/use your wheelchair or moluently than a year ago?	bility			
More frequently than a year ago	1					
As frequently as a year ago	2					
Less frequently than a year ago	3					

Record verbatim		
CYCLING		
	AST 7 DA	YS When did you last ride a bicycle? (READ OUT)
In the last 2 weeks 1		
In the last 3 weeks 2		
In the last 4 weeks 3		
More than a month ago 4		
More than a year ago 5		
Never 6		
Q.14. IF DID NOT RIDE IN PAST Y past year? READ OUT	∕EAR Are	there any reasons you have not ridden a bicycle in the
Health reasons	1	
I don't know how to ride a bicycle	2	
I don't own a bicycle	3	
Too busy to ride	4	
Prefer other methods of getting arour	nd 5	
I feel unsafe riding in traffic	6	
Too hilly	7	
I'm not interested in riding	8	
Some other reason (please specify)	9	
No reason	10	
Q.15. IF RODE IN PAST 7 DAYS II	n the last	7 days on how many days did you ride a bicyc;e?
Q.16. IF RODE IN PAST 7 DAYS V over the past 7 days?  HOURS	Vhat is yo	our best estimate of the total time you have spent riding
Q.17. IF RODE IN PAST 4 WEEKS weeks/4 weeks? (READ OUT) (ACCI		t purposes did you ride over the last 7 days/2 weeks/3 TIPLES)
To or from work		1
To or from school, university or study	,	2
To or from shopping		3
For recreation or exercise		4
To get a train, bus or tram		5
To visit family or friends	6	
Some other reason (Specify)		7

Q.12. IF WALKED IN LAST 4 WEEKS Why do you say that?

Q.18. ASK IF RODE IN PAST you say you (READ OUT)	Γ YEAR Which o	f the following statements	best describes y	ou? Would
Are new to cycling and started	cycling in the las	t 12 months	1	
Have started to cycle again after	er a break of 12 r	months or more	2	
Have been cycling for more that	n 12 months		3	
Q.19. ASK IF HAVE BEEN C	YCLING FOR M	ORE THAN 12 MONTHS	And would you s	ay that
you (READ OUT)				
Cycle more frequently than a ye	_	1		
Cycle as frequently as a year a		2		
Cycle less frequently than a year	ar ago	3		
Q.20. IF SAMPLE = LGA ANI ease you are when bike riding v comfortable nor uncomfortable	within your local	area. Can you tell me if y	ou are comfortab	
Very comfortable		1		
Comfortable		2		
Neither comfortable nor uncom	fortable	3		
Uncomfortable		4		
Very uncomfortable		5		
Have not ridden in the area in t	he past year	6		
Q.21. IF RODE IN PAST YEA presence of traffic when on-roa I prefer paths or quiet streets at I prefer to use the most direct a I would never ride my bike on a	<ul><li>d. Which of the nd am willing to t and convenient w</li></ul>	following best describes y take a longer way to avoid	rour riding style? I busy roads	
Q.22. IF DID NOT RIDE IN P bike rider? READ OUT	AST YEAR Whic	ch of the following phrases	s best describes y	you as a
Not a bike rider but would like to	o be 1			
Do not want to be a bike rider	2			
Q.23. IF SAMPLE = LGA ANI conditions in your local have be		T YEAR In the past year, er, better, about the same	•	•
Much better	1			
Better	2			
About the same	3			
Worse	4			
Much worse	5			

6

Q.24. IF SAMPLE = LGA AND RODE IN PAST YEAR Do you have any comments regarding conditions for bike riding in your local area?

Q.25. IF SAMPLE = LGA Do you have any suggestions for actions you would like to see the <COUNCIL> take regarding bike riding in your local area?

Q.27. IF SAMPLE = LGA AND RODE IN PAST YEAR There are a number of actions <COUNCIL> could take to encourage bike riding in your local area. For each of the following, can you tell me whether these are very high, high, moderate, low or not a priority? ROTATE

More off-road shared paths and cycleways	1
More on-road bicycle lanes	2
Better connections between bike paths and schools	3
Better connections between bike paths and shops	4
Better connections between bike paths and parks and swimming pools	5
Better connections between bike paths and public transport	6
More bicycle parking	7
Lower local road speed limits	8
More bike skills training	9
More signs highlighting bike routes	10
More events or campaigns that promote bike riding	11

## SECTION 2: MAIN RESPONDENT'S DEMOGRAPHICS

We'd like to ask a few questions to help us classify your responses.

Q.28. What gender do you identify as?

Male 1
Female 2
Prefer to self-describe 3
Refused 4

Q.29. AGE: What is your age? (INSERT 99 FOR DON'T KNOW – NONE SHOULD BE UNDER 15 YEARS OF AGE)

Do not use 1
Do not use 2
Do not use 3
Do not use 4
15 to 17 years 5
18 to 24 years 6

25 to 29 years	7
30 to 39 years	8
40 to 49 years	9
50 to 59 years	10
60 to 69 years	11
70 to 79 years	12
80 years or over	13
(Refused)	14

# Q.30. Which of the following categories apply to you at the moment? (READ OUT) (ACCEPT MULTIPLES)

,	
Student – Full time	1
Student – Part time	2
Work – Full time (>35hrs/week)	3
Work – Part time (<35hrs/week)	4
Work – Casual	5
Work – Unpaid voluntary work	6
Unemployed and looking for work	7
Home duties	8
Pensioner – not retirement age	9
Retired – on pension	10
Retired – not on pension	11
Other (Specify)	12
(Refused)	13

## Q.31. In which country were you born?

Australia	1
UK (England, Scotland, Wales, Northern Ireland)	2
New Zealand	3
India	4
Italy	5
Vietnam	6
Phillipines	7
China	8
South Africa	9
Malaysia	10
Sri Lanka	11
Germany	12
South Korea	13
Greece	14

Hong Kong 15 USA 16 Other (please specify) 17

Q.32. How many people usually live in your household? INCLUDE ALL AGES – A RESIDENT IS SOMEONE WHO HAS, OR WILL, LIVE AT THE HOUSEHOLD FOR A PERIOD OF AT LEAST 3 MONTHS

RECORD NUMBER \_\_\_\_

# LOOP THROUGH NEXT SECTION FOR EACH ADDITIONAL RESIDENT AGED 2+ UP TO NINE ADDITIONAL RESIDENTS

#### **SECTION 3: OTHER HOUSEHOLD MEMBERS TRAVEL**

To build an accurate representation of travel habits of members in households in Australia we'd like to ask about other people in your household starting with the oldest person other than yourself and working down, could you tell me...?

#### Q.33. What gender do they identify as?

Male 1
Female 2
Prefer to self-describe 3
Refused 4

## Q.34. AGE: What is their age? (INSERT 99 FOR DON'T KNOW)

Under 2 years 1 2 to 4 years 2 5 to 9 years 3 10 to 14 years 4 15 to 17 years 5 18 to 24 years 6 25 to 29 years 7 30 to 39 years 8 40 to 49 years 9 50 to 59 years 10 60 to 69 years 11 70 to 79 years 12 80 years or over 13 (Refused) 14 (Don't know) 15

#### Q.35. Which of the following categories apply to THIS PERSON at the moment? (READ OUT) (ACCEPT MULTIPLES) Student - Full time 1 2 Student - Part time Work – Full time (>35hrs/week) 3 Work – Part time (<35hrs/week) 4 Work - Casual 5 Work - Unpaid voluntary work 6 7 Unemployed and looking for work Home duties 8 Pensioner - not retirement age 9 Retired - on pension 10 Retired – not on pension 11 Other (Specify) 12 13 (Refused) Child - not school age 14 Q.36. In which country were they born? Australia 1 UK (England, Scotland, Wales, Northern Ireland) 2 New Zealand 3 India 4 Italy 5 Vietnam 6 **Phillipines** 7 8 China South Africa 9 Malaysia 10 Sri Lanka 11 Germany 12 South Korea 13 14 Greece 15 Hong Kong USA 16 Other (please specify) 17 Q.37. In the last 7 days, has this person used any of the following methods of transport? (READ OUT) (ACCEPT MULTIPLES) Car as a driver 1 Car as a passenger 2

Motorcycle or moped	3
Public transport	4
Wheelchair or mobility scooter	5
Bicycle, even just riding in your backyard	6
None of the above	7
(Don't know)	8

INTERVIEWER NOTE: DEFINITIONS OF BICYCLES

#### INCLUSIONS:

- ADULT AND CHILDREN'S BICYCLES WITH TWO OR MORE WHEELS
- CHILDRENS BICYCLES WITH TRAINING WHEELS

#### **EXCLUSIONS:**

- ANY REGISTERED VEHICLES (E.G. MOPEDS)
- CHILDREN RIDING TOYS SUCH AS TRICYCLES AND SCOOTERS
- CHILDREN WHO ARE IN A SEAT OR TRAILER ON A BICYCLE
- RIDING ON A STATIONARY EXERCISE BICYCLE

Q.38. In the last 7 days has this person ridden on an electrically assisted rideable like an e-scooter or e-skateboard excluding e-bikes?

Yes 1
No 2
Don't know 3

#### WALKING

Q.39. In the last 7 days has this person walked/used a wheelchair or mobility scooter for 5 minutes or more, somewhere outside of their home? NOTE: This includes walking for exercise or to reach a destination like the shops, school, workplace, to or from public transport or even a car park to a destination. INCLUDE: walking the dog, walk for work if not on home property, walking using walking aids like walking frames and sticks or wheelchairs or mobility scooters, or walking for ten minutes or more in a shopping centre. EXCLUDE: gardening, treadmill at home or gym

Yes 1 No 2

Q.40. IF DID NOT WALK IN LAST 7 DAYS When did they last walk/use a wheelchair or mobility scooter for at least ten minutes?

In the last 2 weeks 1
In the last 3 weeks 2
In the last 4 weeks 3
More than a month ago 4
More than a year ago 5
Never 6

#### **CYCLING**

Q.41.	IF DID NOT RIDE IN LAST 7 DAYS AND AGED 2+ When did this person last ride a bicycle?
(READ	OUT)

In the last 2 weeks	1
In the last 3 weeks	2
In the last 4 weeks	3
More than a month ago	4
More than a year ago	5
Never	6
(Don't know)	7

Q.42. IF RODE IN LAST 7 DAYS In the last 7 days, on how many days did they ride a bicycle? (RECORD 99 FOR DON'T KNOW)

<b>DAYS</b>	

Q.43. IF RODE IN LAST 7 DAYS What is your best estimate of the total time they have spent riding over the past 7 days?

(RECORD 99 FOR DON'T KNOW)

HOI	JRS:	

Q.44. IF RODE IN PAST 4 WEEKS For what purposes did they ride over the last 7 days/2 weeks/3 weeks/4 weeks? (READ OUT) (ACCEPT MULTIPLES)

To or from work	1
To or from school, university or study	2
To or from shopping	3
For recreation or exercise	4
To get a train, bus or tram	5
To visit friends or relatives	6
Some other reason (please specify)	7
Don't know	8

### **END PERSON LOOP**

Q.45. How many bicycles in working order are in your household? INTERVIEWER NOTE: DEFINITIONS OF BICYCLES

#### **INCLUSIONS:**

- ADULT AND CHILDREN'S BICYCLES WITH TWO OR MORE WHEELS
- CHILDRENS BICYCLES WITH TRAINING WHEELS

#### **EXCLUSIONS:**

• ANY REGISTERED VEHICLES (E.G. MOPEDS)

- CHILDREN RIDING TOYS SUCH AS TRICYCLES AND SCOOTERS
- CHILDREN WHO ARE IN A SEAT OR TRAILER ON A BICYCLE
- RIDING ON A STATIONARY EXERCISE BICYCLE

RECORD NUMBER
Q.46. How many electrically assisted bicycles in working order are in your household?
DEFINITION: An adult or children's vehicle of two or more wheels and pedals with an electric moto Excludes registered vehicles and motorised devices that do not have pedals such as mobility scooters.
RECORD NUMBER